

**Extension Activities during 2017 – 2022**  
**Tihu College, Tihu**

1. Door-to-door awareness campaign at Bhadrakuchi Village, Distribution of Soap on 19/03/2020 by IQAC in collaboration with Women's Forum, Tihu College, Tihu.
2. Awareness Programme organized by IQAC about the importance of hand washing, wearing a mask, use of sanitizer, maintenance of social distancing, etc on 20/03/2020.
3. Covid19 Awareness Programmes and distribution of booklets, masks, and sanitizers in different nearby villages of Tihu locality by College Authority, IQAC, Tihu College Teachers' Unit, and Women's Forum from 16-03-2020 to 19-03-2020.
4. International Women's Day was celebrated on the 8<sup>th</sup> of March, 2021. On this occasion, IQAC, Tihu College, Tihu in association with the Women's Forum, Tihu College felicitated three women of the greater Tihu area, namely, Mrs. Pratibha Das, Mrs. Bhabani Talukdar and Mrs. Anima Devi for their contributions in three different fields.
5. IQAC, Tihu College collaborated with Women's Forum, Tihu College to organize a Seminar on "Economic Self Reliance of Women through Livestock Farming", on the occasion of International Women's Day on 8<sup>th</sup> of March, 2022, at the Adopted village, Bhadrakuchi
6. IQAC, Tihu College collaborated Extension Education Unit, Tihu College, and Women's Forum in the Plantation Programme on the occasion of International Women's Day at the Adopted village, Bhadrakuchi.
7. A Three Days Workshop on "Digital Inclusion for Digital Equity" was organized by IQAC in association with NIELIT, Guwahati from 5<sup>th</sup> April to 7<sup>th</sup> April 2022. Almost 350 participants (Students -157 women -122 Farmers 51 and elderly persons 20) mostly from the neighbouring villages took part in this workshop.
8. A Plantation drive was undertaken by IQAC, Tihu College, Tihu, on the occasion of Earth Day, 20<sup>th</sup> of April, 2022.
9. Tihu College NSS unit conducted a seminar on "Gender Equality and Gender Sensitization" on 08-03-2018.
10. The NCC cadres conducted Swachh Bharat Drive at Tihu town on 02-10-2018.
11. Plantation Programme was done on the occasion of National Science Day on February 28, 2019.
12. The Social Service section of TCSU conducted a plantation programme on the occasion of World Environmental Day by planting trees in the schools in greater Tihu area on 05-06-2019.
13. Blood Donation Camp, organised by NCC Coy in collaboration with TCSU on June 28, 2019.
14. Women's Forum, Tihu College, Tihu donated Rs 20,000/- (Twenty thousand only) for installing running water facility at the Old Age Home, Nalbari on the occasion of World Women's Day, on March 8, 2019.
15. Awareness Rally on 'World Cancer Day' on 4<sup>th</sup> February, 2020, organized by NSS, Tihu College, Tihu.
16. Health Awareness Lecture on Corona virus Health Awareness 14/03/2020
17. Awareness Programm at Natun Baniakuchi Village on 17/03/2020
18. Awareness campaign on Novel Corona Virus at Lachima Village on 18/03/2020.
19. Distribution of printed paper on Covid-19 on 19/03/2020
20. Door to door Awareness Rally on Covid 19 by NSS volunteers on 19-03-2020.
21. Covid-19 Awareness Rally on 20/03/2020.
22. Plantation drive by NCC volunteers on Environment Day, 2020.
23. Plantation drive by NCC volunteers on 14-08-2020 in Tihu College and Tihu Town.

24. NSS Volunteers practiced Yoga, Physical Exercise, etc as a part of the celebration of ***New India Fit India*** Movement from 22-08-2020 to 29-08-2020.
25. NSS Volunteers participated in a Marathon Race Competition on the occasion of ***National Sports Day*** on 29-08-2020.
26. NSS Day was observed with a ***Plantation Drive*** in the College Campus on 24-09-2020.
27. NSS volunteers ***cleaned college campus***. They also distributed Face Mask to the Rikshaw puller, Traders, Drivers, Barbers, etc. on occasion of Gandhi Jayanti, 2<sup>nd</sup> October, 2020.
28. Republic Day was celebrated and NSS volunteers arranged Covid Awareness Programme in the market place of Tihu Town and distributed Face Mask to the unaware people.
29. On the occasion of International Women's Day, a ***one day workshop on Self Defence for Women*** was organized by NSS, Tihu College.
30. Public Sensitization Program on Covid 19 Hygiene by Tihu College NCC Cadets on 25<sup>th</sup> May, 2021.
31. Cleanliness drive conducted on 1<sup>st</sup> September, 2021 by NCC cadets in and around the college campus.
32. Clean India Programme conducted on 2<sup>nd</sup> October, 2021 to cherish Gandhi Jayanti, 2021.
33. A voluntary blood donation camp was organized by Tihu College NCC Coy to celebrate the NCC Raising Day, 2021, on November 26<sup>th</sup> 2021 in collaboration with the Tihu College Students' Union and in association with the Blood Bank, SMK Civil Hospital, Nalbari. A total of 50 unit of blood were donated in the camp.
34. One week workshop on Self-defence for women was organized by NSS in collaboration with IQAC, Tihu College.
35. Awareness Programme was conducted to preserve Tihu River in collaboration with Tihu College Botanical Society and TCTU
36. Almost 30 volunteers participated in a Special Camp in Adopted Village Haribhanga. Activities like Yoga, Plantation, Awareness Programme, Lecture on different issues, Cleaning programme, Cultural Programme etc. were taken
37. A webinar on "Covid-19 and mental Health" organized by women's forum in the presence of the resource person of Dr. Nahid Islam.
38. Awareness programme on "Problem of menstruation and its hygiene" was organized at Tihu Girls High school in the presence of resource person Dr. Dipti Choudhury.
39. Members of women's forum cleaned college campus and Tihu market area. They created awareness of cleanliness amongst the people.
40. Discussion forum on "The role of animal husbandry on the self-reliance of women" was organised at the Bhadrakuchi Village in the presence of resource person Dr. Bichitra Haloi".
41. An Awareness programme on Covid-19 Pandemic organized by Department of Education, Tihu College, Tihu at Choudhuripara village, Tihu.
42. An Awareness programme on Girl's Education organized by Department of Education, Tihu College, Tihu at Napara Village, Tihu.
43. Department of Economics, Organized lectures on sensitizing students to social issues at TIHU HIGH SCHOOL from 23rd June to 28th June 2022.

Snapshot of IQAC Activities



**ONE WEEK WORKSHOP ON SELF DEFENCE FOR WOMEN**  
 by  
**"PRAHAR" (Free Women's Self Defence Training)**  
 Organised by  
**NSS, TIHU COLLEGE UNIT**  
 In Association with  
**IQAC, Tihu College, Tihu, Nalbari (Assam)**  
 From 16<sup>th</sup> to 22<sup>nd</sup> of November, 2021



**টিহু মহাবিদ্যালয়ত 'ডিজিটেল সমতাৰ বাবে ডিজিটেল অন্তৰ্নিবেশ' শীৰ্ষক কৰ্মশালা**



কামৰূপ জিলা, টিহু, ১৬ এপ্ৰিল ২০২১: টিহু মহাবিদ্যালয়ত ১৬/১১/২০২১ৰ পৰা ২২/১১/২০২১ৰ পৰ্যন্ত 'ডিজিটেল অন্তৰ্নিবেশ' শীৰ্ষক কৰ্মশালা অনুষ্ঠিত হৈছে। কৰ্মশালাখনত অংশগ্ৰহণ কৰা সকলোৱে ডিজিটেল সাক্ষৰতা লাভ কৰিবলৈ সক্ষম হৈছে।

কৰ্মশালাখনত অংশগ্ৰহণ কৰা সকলোৱে ডিজিটেল সাক্ষৰতা লাভ কৰিবলৈ সক্ষম হৈছে। কৰ্মশালাখনত অংশগ্ৰহণ কৰা সকলোৱে ডিজিটেল সাক্ষৰতা লাভ কৰিবলৈ সক্ষম হৈছে।



Snapshot of NSS Tihu College Unit activities



Snapshot of NCC Tihu College activities



Snapshot of Women Forum, Tihu College activities



Snapshot of Different Department of Tihu College

